

A quick spin around the block



The Texas 4000 bike ride is more than twice as long as the Tour de France and presents participants with an intense physical challenge

Biking from Austin, Texas, to Anchorage, Alaska, is a feat few can imagine, much less endure. Alexandria Webb, 21-year-old daughter of Houston accountant Victoria Webb, recently accomplished this ride, sharing hope, knowledge and awareness for the fight against cancer. The organisation Texas 4000 for Cancer is in its 11th year and is the largest charity bike ride in the world covering over 4,500 miles in 70 days. Each day averages 80-110 miles. The ride is over twice as long as the Tour de France.

Alexandria was accepted to ride for Texas 4000 in December 2012, and began a rigorous 18 months of endurance training prior to departure on 1 June. In addition to her studies in Marine Biology at the University of Texas at Austin, Alexandria assumed the role of travel

chair, designing routes, scheduling host homes/camp site locations, securing food donations, organising programme presentations, and preparing logistics manuals for travel vans and newsletters for host homes. Alex rode through the Rockies with climbs facing 25-35 mile headwinds, as well as extreme weather, including hail storms.

To quote Alexandria: "I want to help bring a future where cancer does not take the ones we love. I ride for every father who could not walk his daughter down the aisle and for every grandparent who did not get to see their grandchildren grow up. I ride for my uncle, for all the others fighting, their families, and the many selfless caregivers."

The 2014 Team rose over \$600,000, setting a record and raising the bar for 2015. Texas 4000 has raised more than \$4.5mn in the fight against cancer since 2004.

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