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TEXAS 4000 FOR CANCER SUMMER BIKE RIDE TO ALASKA RETURNS

- UT-Austin Students Embark on 70 Day Ride Across North America To Engage Communities in The Fight Against Cancer
- Abbott returns as presenting sponsor for third year

AUSTIN, Tx., June 3, 2022— This summer, the <u>Texas 4000 for Cancer</u> 2022 team of more than 45 students from The University of Texas at Austin will return to Alaska for the first time in three years as they pedal through 20 states throughout the US and Canada on their cancer fighting journey, the **longest annual charity bike ride in the world**. The team will ride more than 4,000 miles over the course of 70-days starting on June 3th with the mission of fighting cancer by sharing hope, knowledge, and charity in hundreds of communities along two routes – <u>Sierra</u> and <u>Ozarks</u>. In preparation for this year's ride, the entire team is fully vaccinated and will follow all CDC guidelines to protect the team and the people in the communities through which they will travel.

"With the significant drop in preventative cancer screenings seen since the start of the COVID-19 pandemic in 2020, Texas 4000 for Cancer is even more focused on spreading our cancer awareness and prevention message as the 2022 team rides across North America this summer," said Scott Crews, Texas 4000 Executive Director. "While the team shares hope by riding for those touched by cancer and charity through our donations to cancer research and support services, we believe spreading knowledge on cancer prevention will help increase preventative cancer screening numbers and save people's lives."

For the third year, <u>Abbott</u>, the global healthcare leader, is the presenting sponsor for the summer ride, supporting Texas 4000 for Cancer's efforts to help people and communities become more aware of preventing cancer and continuing Abbott's mission to helping people live longer and better lives. This year, the team will be visiting with Abbott employees in several cities as they ride across North America. "The Texas 4000 team is another group of extraordinary young women and men who are tremendously dedicated to the mission of fighting cancer," said Keith Boettiger, vice president of Abbott's heart failure business. "Their leadership and commitment to spreading cancer prevention education throughout the United States is impressive. Like Texas 4000,

Abbott believes that cutting edge innovation alone is not enough to tackle preventable diseases. We are proud to support the mission of Texas 4000 for Cancer to expand access to cancer prevention education."

For 19 years, Texas 4000 for Cancer has cultivated student leaders and engaged communities in the fight against cancer through a 4,000-mile bike ride. Prior to the summer ride, students begin an 18-month leadership development program, preparing their bodies, their minds and their hearts for this mission, which culminates in this life-changing journey. Collectively, riders have helped raise nearly \$13M dollars, pedaled more than 5.7 million collective miles and impacted countless lives.

"These students spent almost two years working to fight against cancer, and we are proud to see them embark upon this 70-day journey and engage with cancer patients, survivors, caregivers and supporters," said Chris Brubaker, Chair of the Texas 4000 Board of Directors, who is also a 2015 Texas 4000 alum. "We are incredibly grateful for our partnership with Abbott and support from our sponsors and host families who welcome riders into their communities throughout the summer ride. Without this generosity our ride would not be possible."

ABOUT TEXAS 4000

Texas 4000 for Cancer's mission is to cultivate student leaders and engage communities in the fight against cancer. Each year a team of dedicated University of Texas at Austin students complete a more than 4,000-mile bike ride sharing Hope, Knowledge, and Charity along the way. Over the course of their 18-month involvement with Texas 4000, riders train, fundraise, volunteer in the community, and serve in leadership roles to help plan every aspect of the summer ride. The leadership development program culminates in Texas 4000's capstone event, a 70-day summer ride - the longest annual charity bike ride in the world. Since 2004, nearly 1,000 students have completed the ride, raised nearly \$13M for cancer research and support services and logged more than 5.7 million miles – fighting cancer every mile. Find us at texas4000.org, instagram.com/texas4000, facebook.com/texas4000 or twitter.com/Texas4000.





WWW.TEXAS4000.ORG

TEXAS 4000

Who we are

Founded in 2004, Texas 4000 is the longest annual charity bike ride in the world. Pedaling more than 4,000 miles, Texas 4000 is a journey that takes grit, determination, and support – that's why we think of it as a metaphor for the fight against cancer.

Texas 4000 is a community of cancer fighters. We are comprised of student riders, volunteers and community supporters. All members of Texas 4000 are passionate about fighting cancer. Through fundraising, educating, and volunteering we strive to spread hope to those fighting cancer.

The Texas 4000 family also consists of those who support our cause, including our board of directors, sponsors and partners, countless host families, donors, and volunteers who help make the annual Texas 4000 ride from Austin, Texas to Anchorage, Alaska a reality every year.

Our mission

Texas 4000 is dedicated to fighting cancer by sharing HOPE, KNOWLEDGE, and CHARITY. We cultivate the next generation to lead the fight against cancer through our cornerstone event, a more than 4,000 mile bike ride from Austin to Anchorage.

We share **HOPE** by letting those touched by cancer know that people like us are riding for them and are determined to eliminate the disease. We share **KNOWLEDGE** by bringing life-saving information about cancer prevention to communities large and small. We share **CHARITY** by making a commitment to support cancer research and lead the charge in overcoming cancer. Our goal is to ensure our fundraising dollars are donated to the most effective initiatives towards fighting cancer.

Over the past nineteen years, Texas 4000 has proudly raised nearly \$13 million for the fight against cancer.



BIKE ROUTES

THE TEXAS 4000 TEAM

COVERS 20 STATES AND 5 CANADIAN TERRITORIES

NOTE: Texas 4000 will only have riders on the Sierra & Ozarks Routes in 2022

Major Cities on the Sierra Route:

Austin, TX

Lubbock, TX

Santa Fe, NM

Flagstaff, AZ

South Lake Tahoe, CA

San Francisco, CA

Portland, OR

Seattle, WA

Vancouver, BC

Prince George, BC

Whitehorse, YT

Anchorage, AK

Major Cities on the Rockies Route:

Austin, TX

Dallas, TX

Oklahoma City, OK

Colorado Springs, CO

Denver, CO

Calgary, AB

Vancouver, BC

Prince George, BC

Whitehorse, YT

Anchorage, AK

Major Cities on the Ozarks Route:

Houston, TX

New Orleans, LA

Memphis, TN

St. Louis, MO

Chicago, IL

Milwaukee, WI

Minneapolis, MN

Whitehorse, YT

Anchorage, AK





TEXAS 4000 FUN FACTS

THE RIDE IS OVER TWICE AS LONG AS THE TOUR DE FRANCE.

THIS YEAR MARKS THE 19th ANNIVERSARY OF THE TEXAS 4000 RIDE.

Each day the team members will dedicate their rides to different people in men or honor of a cancer fighter. This year they will dedicate the ride to more than 4,000 people.

The riders will pedal at elevations ranging from 500 feet to 14,000 feet.

The team will consume more than 10,000 energy bars and more than 700 gallo of sports drink.

THE TEAM WILL MEET THOUSANDS OF CANCER SURVIVORS TO SPREAD THEIR MESSAGE OF HOPE, KNOWLEDGE, AND CHARITY.

At their highest latitude, the riders will pedal within 300 miles of the Arctic Circle.

To date, we have raised nearly \$13 million dollars in the fight against cancer. Proceeds support many programs, including cutting-edge cancer research initiatives at M.D. Anderson Cancer Center.

Since inception, more than 800 team members have ridden more than 5.7 million miles.

The team rides for 70 days through rain, sleet, wind, snow, heat and any other weather imaginable. They will encounter an average of 15 thunderstorms and three hail storms.

THE TEAM WILL USE OVER 35 GALLONS OF SUNSCREEN.

The team will eat more than 5,000 peanut butter and jelly sandwiches throughout the ride.

The team changes an average of 5 flat tires each day.

The trip is more than 4,500 miles. This makes it the longest annual charity bike ride in the world.



ABOUT US



Scott Crews
Executive Director, Texas 4000

Scott Crews is the Executive Director of Texas 4000, joining the organization in January 2017. Prior to Texas 4000 for Cancer, he worked at Common Threads, a national nanprofit that teachs nutrition education and hands-on cooking to underserved children, serving as the Director of Partnerships & Engagement and a member of the senior leadership team. Scott has held multiple development positions with Make-A-Wish in Orlando, Florida, and Austin, Texas, where he worked for more than 13 years. In his previous positions, Scott oversaw corporate and individual giving, fundraising events, and boards in major cities to support the mission of those organizations.

Scott was born in Titusville, Florida, and received his Bachelor of Science in Mechanical Engineering from Florida Institute of Technology in Melbourne, Florida.

After graduating, Scott worked for six years at Cape Canaveral Air Force Station, Florida, overseeing engineering projects on NASA facilities that were used as part of the space shuttle program and the launching of satellites. In 1997, he moved to Orlando, Florida, where Scott worked for more than three years at Foamex as an engineer overseeing the production of polyurethane foam. After founding a charity tennis tournament in 2000, he embarked upon his career in the nonprofit industry which allows him to continue his passion for helping others and giving back.

Scott lives in Austin, Texas. In his spare time, he plays tennis throughout central Texas and across the country, travels, enjoys Austin's live music, and volunteers with other organizations in Austin.



Jonathan Christopher "Chris" Condit Founder, Texas 4000

Chris Condit is the founder of Texas 4000. As a cancer survivor himself, Chris combined two of his passions — fighting cancer and outdoor adventure — to create Texas 4000 during his senior year at the University of Texas at Austin. Texas 4000 has grown into an influential nonprofit organization that annually fights cancer. Chris served as Executive Director for Texas 4000 from 2007-2009. Prior to serving as Executive Director, he worked as a research and development engineer with CardioSpectra, Inc. where he developed endoscopic laser imaging systems for minimally invasive diagnosis of cancer, heart disease and other infirmitites. Chris currently works for Abbott as the Global Product Manager for Spinal and Deep Brain Stimulation Systems.

Condit holds a Master of Science in Electrical Engineering from the University of Texas at Austin and filed his first patent at age 23. Conit is married with two children, Raquel and Lucy, and enjoys biking, camping, and serving his church.



THE FOLLOWING ILLUSTRATES SOME OF THE TEXAS 4000 RIDERS' NEEDS PROVIDED BY IN-KIND SPONSORSHIPS AS WELL AS VARIOUS CHALLENGES THE CYCLISTS WILL FACE ALONG THEIR AUSTIN TO ALASKA TREK:

5,700 GALLONS

Amount of gas six 15–passenger support vans will use. They will drive 9,500+ miles each.



460

Number of rest stops along the routes where riders need to replenish food and water and repair bikes Average number of flat tires the team changes each day



The team rides for 70 days through rain, sleet, wind, snow, heat and any other weather imaginable. On average, they will encounter:

15 THUNDERSTORMS

3 HAIL STORMS

WIND GUSTS OF UP TO

40 MPH



TEMPERATURES RANGING FROM

BELOW ZERO TO 115°



The team will spend approximately 30 nights camping, 16 nights in a gymnasium, 14 nights with host families, 9 nights in churches and only **ONE** night in a donated hotel room.



5,000Number of peanut butter and jelly sandwiches the team will eat

35 GALLONS Amount of sunscreen the team will use





The team will consume

10,000 ENERGY BARS and drink more than **700 GALLONS** of sport drink mix.

