

**TEXAS**  **4000**

FIGHTING CANCER EVERY MILE



[WWW.TEXAS4000.ORG](http://WWW.TEXAS4000.ORG)

# TEXAS 4000

## WHO WE ARE

Founded in 2003, Texas 4000 is the longest annual charity bike ride in the world. Pedaling more than 4,000 miles, Texas 4000 is a journey that takes grit, determination, and support – that's why we think of it as a metaphor for the fight against cancer.

Texas 4000 is a community of cancer fighters. We are comprised of student riders, volunteers and community supporters. All members of Texas 4000 are passionate about fighting cancer. Through fundraising, educating, and volunteering we strive to spread hope to those fighting cancer.

The Texas 4000 family also consists of those who support our cause, including our board of directors, sponsors and partners, countless host families, donors, and volunteers who help make the annual Texas 4000 ride from Austin, Texas to Anchorage, Alaska a reality every year.

## OUR MISSION

Texas 4000 is dedicated to fighting cancer by sharing **HOPE, KNOWLEDGE, and CHARITY**. We cultivate the next generation to lead the fight against cancer through our cornerstone event, a more than 4,000 mile bike ride from Austin to Anchorage.

We share **HOPE** by letting those touched by cancer know that people like us are riding for them and are determined to eliminate the disease. We share **KNOWLEDGE** by bringing life-saving information about cancer prevention to communities large and small. We share **CHARITY** by making a commitment to support cancer research and lead the charge in overcoming cancer. Our goal is to ensure our fundraising dollars are donated to the most effective initiatives towards fighting cancer.

Over the past fourteen years, Texas 4000 has proudly raised more than \$7.2 million for the fight against cancer.

# BIKE ROUTES

## THE TEXAS 4000 TEAM

### COVERS 20 STATES AND 5 CANADIAN TERRITORIES

#### Major Cities on the Sierra Route:

Austin, TX  
Lubbock, TX  
Santa Fe, NM  
Henderson, NV  
South Lake Tahoe, CA  
San Francisco, CA  
Portland, OR  
Seattle, WA  
Vancouver, BC  
Prince George, BC  
Whitehorse, YT  
Anchorage, AK

#### Major Cities on the Rockies Route :

Austin, TX  
Dallas, TX  
Oklahoma City, OK  
Colorado Springs, CO  
Denver, CO  
Calgary, AB  
Vancouver, BC  
Prince George, BC  
Whitehorse, YT  
Anchorage, AK

#### Major Cities on the Ozarks Route :

Houston, TX  
New Orleans, LA  
Memphis, TN  
St. Louis, MO  
Chicago, IL  
Milwaukee, WI  
Minneapolis, MN  
Whitehorse, YT  
Anchorage, AK



# TEXAS 4000 FUN FACTS

THE RIDE IS OVER TWICE AS LONG AS THE TOUR DE FRANCE.

THIS YEAR MARKS THE 14TH ANNIVERSARY OF THE TEXAS 4000 RIDE.

Each day the team members will dedicate their rides to different people in memory or honor of a cancer fighter. This year they will dedicate the ride to more than 4,000 people.

The riders will pedal at elevations ranging from 500 feet to 14,000 feet.

The team will consume more than 10,000 energy bars and more than 700 gallons of sports drink.

THE TEAM WILL MEET THOUSANDS OF CANCER SURVIVORS TO SPREAD THEIR MESSAGE OF HOPE, KNOWLEDGE, AND CHARITY.

At their highest latitude, the riders will pedal within 300 miles of the Arctic Circle.

To date, we have raised more than \$7.2 million dollars in the fight against cancer. Proceeds support many programs, including cutting-edge cancer research initiatives at M.D. Anderson Cancer Center.

Since inception, more than 600 team members have ridden more than 2.7 million miles.

The team rides for 70 days through rain, sleet, wind, snow, heat and any other weather imaginable. They will encounter an average of 15 thunderstorms and three hail storms.

THE TEAM WILL USE OVER 35 GALLONS OF SUNSCREEN.

The team will eat more than 5,000 peanut butter and jelly sandwiches throughout the ride.

The team changes an average of 5 flat tires each day.

The trip is more than 4,500 miles. This makes it the longest annual charity bike ride in the world.

# ABOUT US



## **Scott Crews**

Executive Director, Texas 4000

Scott Crews is the Executive Director of Texas 4000, joining the organization in January 2017. Prior to Texas 4000 for Cancer, he worked at Common Threads, a national nonprofit that teaches nutrition education and hands-on cooking to underserved children, serving as the Director of Partnerships & Engagement and a member of the senior leadership team. Scott has held multiple development positions with Make-A-Wish in Orlando, Florida, and Austin, Texas, where he worked for more than 13 years. In his previous positions, Scott oversaw corporate and individual giving, fundraising events, and boards in major cities to support the mission of those organizations.

Scott was born in Titusville, Florida, and received his Bachelor of Science in Mechanical Engineering from Florida Institute of Technology in Melbourne, Florida.

After graduating, Scott worked for six years at Cape Canaveral Air Force Station, Florida, overseeing engineering projects on NASA facilities that were used as part of the space shuttle program and the launching of satellites. In 1997, he moved to Orlando, Florida, where Scott worked for more than three years at Foamex as an engineer overseeing the production of polyurethane foam. After founding a charity tennis tournament in 2000, he embarked upon his career in the nonprofit industry which allows him to continue his passion for helping others and giving back.

Scott lives in Austin, Texas. In his spare time, he plays tennis throughout central Texas and across the country, travels, enjoys Austin's live music, and volunteers with other organizations in Austin.



## **Ross McGarity**

Program Manager, Texas 4000

Ross McGarity is the Program Manager for Texas 4000, overseeing all aspects of the students' 18-month leadership development program, including their training year and summer ride experiences. Ross completed the ride in 2014, and prior to joining the Texas 4000 staff, he worked at Altera Corporation in San Jose, California and Intel Corporation in Dallas, Texas. Ross is passionate about the development of student leaders. Through his Texas 4000 ride experience, he learned much about leading from all angles, and wants to give back to young leaders, teaching them the importance of empowerment, accountability, and ownership as they prepare to take steps into the next stages of their lives.

Ross received his Bachelor of Science in Electrical and Computer Engineering at The University of Texas at Austin. He is still an avid cyclist and enjoys participating in triathlons and other endurance races. In his free time, he enjoys camping, hiking, playing ultimate frisbee, and any other time spent outside.



## **Jonathan Christopher "Chris" Condit**

Founder, Texas 4000

Chris Condit is the founder of Texas 4000. As a cancer survivor himself, Chris combined two of his passions — fighting cancer and outdoor adventure — to create Texas 4000 during his senior year at the University of Texas at Austin. Texas 4000 has grown into an influential nonprofit organization that annually fights cancer. Chris served as Executive Director for Texas 4000 from 2007-2009. Prior to serving as Executive Director, he worked as a research and development engineer with CardioSpectra, Inc. where he developed endoscopic laser imaging systems for minimally invasive diagnosis of cancer, heart disease and other infirmities. Chris currently works for Abbott as the Global Product Manager for Spinal and Deep Brain Stimulation Systems.

Condit holds a Master of Science in Electrical Engineering from the University of Texas at Austin and filed his first patent at age 23. Conit is married with two children, Raquel and Lucy, and enjoys biking, camping, and serving his church.

# THE FOLLOWING ILLUSTRATES SOME OF THE TEXAS 4000 RIDERS' NEEDS PROVIDED BY IN-KIND SPONSORSHIPS AS WELL AS VARIOUS CHALLENGES THE CYCLISTS WILL FACE ALONG THEIR AUSTIN TO ALASKA TREK:

**5,700** GALLONS

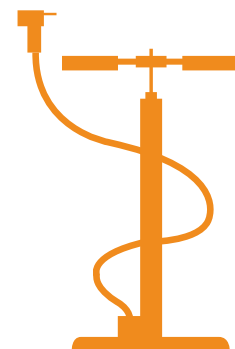
Amount of gas six 15-passenger support vans will use.  
They will drive 9,500+ miles each.



Number of rest stops along the routes where riders need to replenish food and water and repair bikes

**5**

Average number of flat tires the team changes each day



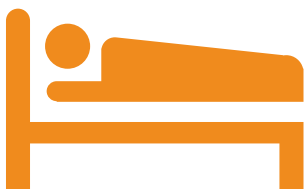
The team rides for 70 days through rain, sleet, wind, snow, heat and any other weather imaginable. On average, they will encounter:

**15** THUNDERSTORMS

**3** HAIL STORMS

WIND GUSTS OF UP TO **40 MPH**

TEMPERATURES RANGING FROM **BELOW ZERO** TO **115°**



The team will spend approximately 30 nights camping, 16 nights in a gymnasium, 14 nights with host families, 9 nights in churches and only **ONE** night in a donated hotel room.



**5,000**

Number of peanut butter and jelly sandwiches the team will eat

**35** GALLONS

Amount of sunscreen the team will use



The team will consume

**10,000** ENERGY BARS

and drink more than **700 GALLONS** of sport drink mix.